

# COUNSELLING IN THE CITY

*Worried? Upset? Confused?*

It HELPS to TALK about it

Counselling can help us to deal with relationships and work problems, understand our feelings and reactions better, and find a positive way to live in the present and face the future.

If you need a safe place where you can come and talk things through with someone, **WPF Therapy and the City Churches** are offering **low-cost counselling** at the **Wren Clinic**, Idol Lane, London EC3 (nearest tube: Monument).

This service is designed to be **affordable** to people working or living locally who cannot access more costly counselling. It is offered initially for 12 weeks, and the sessions are available on Mondays at the Wren Clinic.

Payment is on an income-related sliding scale and this will be discussed and agreed with you at the first consultation.

If you would like to make an initial appointment to discuss, please phone us on:

**020 7378 2002**



# WPF THERAPY and the CITY CHURCHES at the Wren Clinic



Idol Lane, London EC3R 5DD  
[www.wrenclinic.co.uk](http://www.wrenclinic.co.uk)

*improving the health and well-being of those  
who live and work in the City of London*

WPF Therapy and the City Churches  
welcome people of all faiths and none.



**wpf  
therapy**  
a safe place to talk®

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